

# **WEIGHT CONTROL PROGRAM**

## **ANALYZE THE UNIT WEIGHT CONTROL PROGRAM**

# **WEIGHT CONTROL PROGRAM PRIMARY OBJECTIVE**

**To ensure that all personnel:**

- **Meet the physical demands of duties under combat conditions.**
- **Present a trim military appearance at all times.**

# **COMMANDERS'/SUPERVISORS' RESPONSIBILITIES**

- **Implement the Army weight control program.**
- **Ensure continued evaluation of all soldiers.**
- **Maintain data on their soldiers.**
- **Encourage soldiers to establish personal weight goals.**

# **OVERWEIGHT PERSONNEL STATUS**

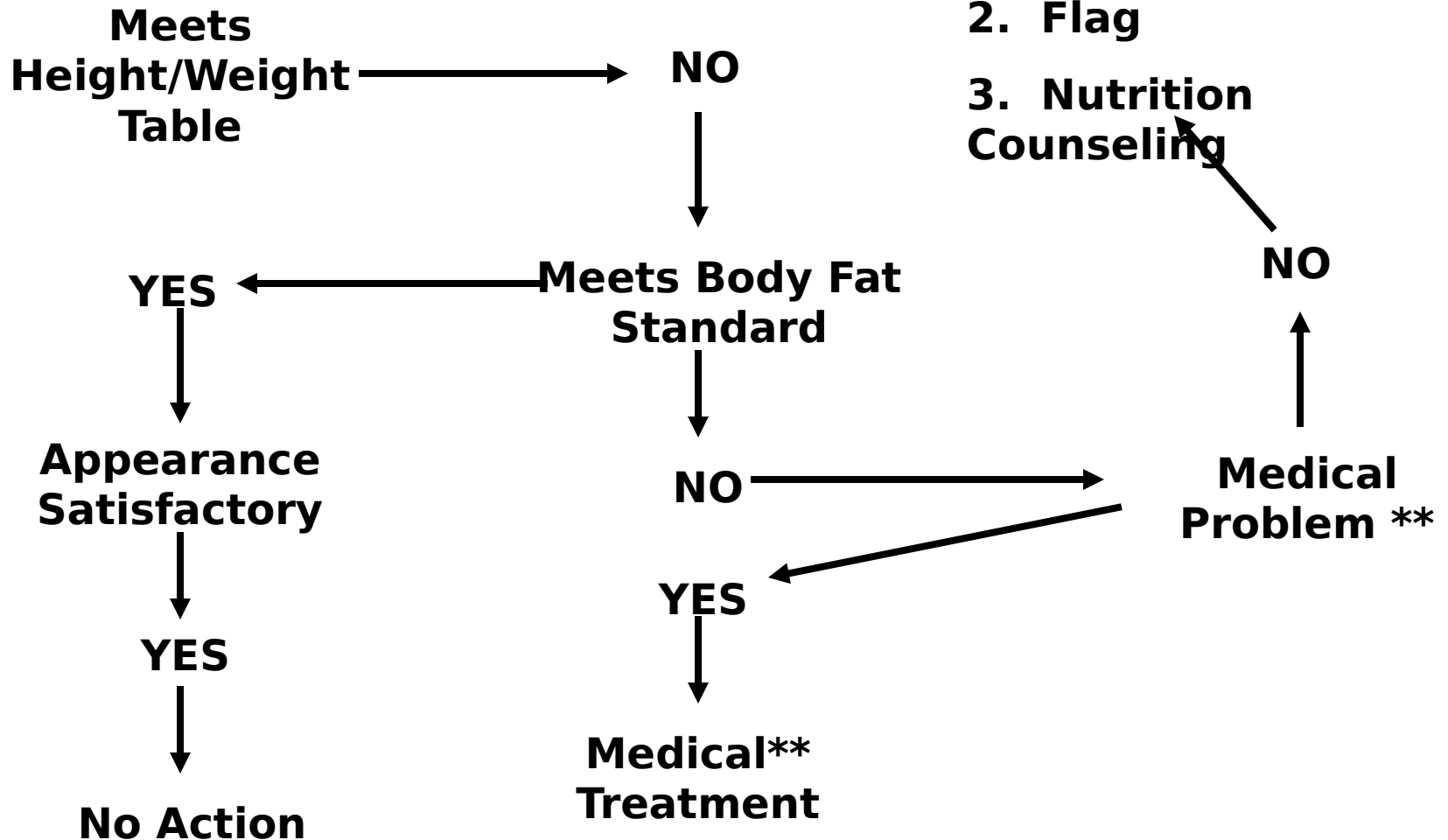
- **Non-promotable.**
- **Not assigned to command positions.**
- **Not authorized to attend professional or civilian schooling.**
- **Personnel overweight when they arrive at any DA board select school will be disenrolled.**
- **Personnel overweight when they arrive at a professional school (not DA or PCS) will be disenrolled and reassigned.**

# SCREENING

1. Enter Wt Program

2. Flag

3. Nutrition  
Counseling



# ACTIONS

